

>>> **SNDMOW NEWSLETTER** <<<

THE BRIGHT SIDE



TOP NEWS OF THE MONTH

MAY 10TH: MOTHER'S DAY

>>> **HAPPY MOTHER'S DAY!**

We are so thankful for a day that celebrates moms, motherhood, maternal bonds, and the influence of mothers in society. Moms are the reason we exist, grow, and understand unconditional love and they should be celebrated, not just on this special day for moms, but everyday. Happy Mother's Day to all you moms, grandmas, fur-moms, stepmoms and single dads! We hope your family spoils you with whatever makes it the perfect day for you.

HAPPY VICTORIA DAY <<<

Victoria Day is Canada's oldest official holiday, starting in 1845, celebrating Queen Victoria's Birthday on May 24th! This gives us May long weekend which marks the beginning of the summer season with the weather getting warmer, campsites opening and the Cloverdale Rodeo. Friendly reminder that there will be no deliveries on Monday, May 18, 2026. Happy Birthday Victoria!

MAY 18TH: VICTORIA DAY

SPONSOR A SENIOR

OUR MEAL SUBSIDY PROGRAM FUNDED BY THE COMMUNITY

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>>> ADEQUATE MEALS SHOULD BE AVAILABLE TO ALL

Our Sponsor a Senior fund is our meal subsidy program that allows us to offer our meals at a reduced cost for those living with financial insecurities in our districts. This program is extremely important for our organization as so many of residents we serve are living under the poverty line and are having to choose between eating adequate meals and having a roof over their heads. This program is not covered by our funding and is not available unless we receive donations from the community. All donations from clients, monthly-giving, on-line donation forms (unless otherwise specified), and community fundraisers are placed in this fund!

When our service began in 1970, offering meals for reduced cost, or free, was just a part of what we did. Over the years, our funding did not allow space to offer this to the community. So, we created this

program to allow members of the community to be matched with a senior in need of sponsorship and cover a portion of their meals for a predetermined amount of time. Now, we have our Sponsor a Senior fund, which is fully supported by the community! Matching sponsorship is still an option but gathering donations to put in this fund has been much more successful in our community.

As we are seeing more and more residents in need of this program, we are asking the community to please consider making a donation to this fund. You can contribute to this fund by clicking the donate now button on our website or use the QR code in the picture above. Your contributions make a real difference in the community! Your support is always appreciated!

**ARE YOU IN NEED
OF HELP WITH
YOUR MEAL
COSTS?
TALK TO OUR
ADMINISTRATOR
TO SEE IF YOUR
ARE ELIGIBLE!**

Feeling
Generous?

Sponsor a Senior!

Our Meal Subsidy Program



Help a vulnerable member
of our community receive
the meals they desperately
need but cannot afford!

Donate Today!
www.sndmow.com

SPONSOR
A
SENIOR

A Senior in
OUR Community
Needs YOUR Help!



>>> CONNECT WITH US

We invite you, as well as your family and friends, to join us on social media. You can find us on Facebook, X and LinkedIn @sndmow or on Instagram @sndmow2021. We would also love to hear your feedback on Google, use the QR Code to the right to leave a review today!



I do not go out very much these days so I
always look forward to getting my meals
on wheels. I have never had a lunch or
dinner that I did not enjoy.
Keep doing what you are doing.
Many thanks!"

THE SCOOP AT SNDMOW

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SHARING ALL THE LATEST NEWS WITH YOU

>>> AGM OVERVIEW

We wish to take this opportunity to thank those volunteers who took the time to attend our AGM on May 6th. The Board of Directors welcomed a new member at the meeting. Greg Hernandez joined our team of volunteers in August 2023 and has been an active participant in our community ever since. Going above and beyond regularly, doing deliveries at least twice a week, and offering assistance wherever it's needed.

We are grateful for his willingness to take on this new role and help us guide our charity's future. Welcome to the Board Greg!

We delivered 22,744 Meals and 12,179 Lunches in the 2025-2026 fiscal year! Our volunteers drove 46,035.8 KM, putting in roughly 6,228 hours of volunteering!

We are thankful for the fundraising efforts of our volunteers in 2025/2026 fiscal year. Our volunteers from Chelsea Gardens held 2 fundraisers at their residence, raising a total of \$2,560. The Old English Car Club, a couple of our volunteers are members, raised \$1,050 and our volunteers that are members of the Aequis Singers Society raised \$750. All these funds were placed in our Sponsor a Senior fund. We are off to a good start this year, financially speaking, thanks to the uplift Fraser Health

awarded to us last fiscal year and the generous support of our community. We applied for several grants to help us cover mileage reimbursement which is not covered by our funding and costs about \$38,000 per year.

We are so grateful for everything our volunteers do, and for their support, as we take on new challenges and create new chances for us to be a meaningful part of the community.

APRIL STATS:

Meals Delivered:

2,339

Lunches

Delivered:

1,085

Clients Served:

108

Volunteers

Delivering:

156

Kilometers Driven:

3,678