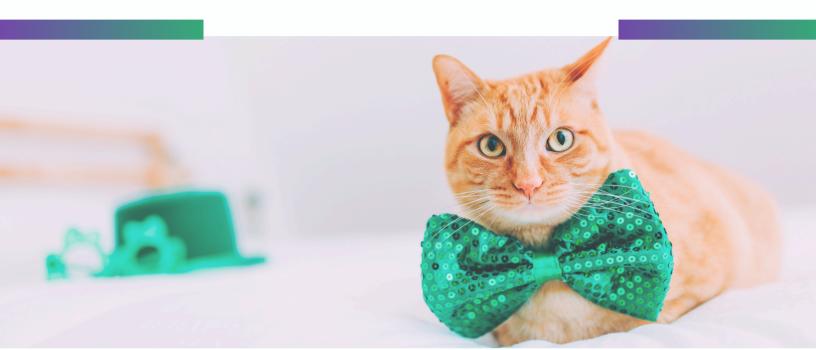
March 2025

>>> SNDMOW NEWSLETTER <<<

SURREY-NORTH DELTA

MEALS (IN WHEELS



TOP NEWS OF THE MONTH

FEB 10-MAR 10: Online Auction

>>> SILENT ONLINE AUCTION

We want to thank everyone who participated in our Online Auction. Your support of our Sponsor a Senior program is truly appreciated! We also want to thank all of our donors for their contributions to our Online Auction. The gifts you provided allowed us to raise funds for our meal subsidy program! Sponsor a Senior allows us to offer meals at a reduced rate for those who are in desperate need of our meals but are struggling with financial insecurities.

SAINT PATRICK'S DAY

Celebrated annually on March 17, St. Patrick's Day observes of the death of St. Patrick, the patron saint of Ireland. The holiday has evolved into a celebration of Irish culture with parades, special foods, music, dancing, drinking and a whole lot of green. Whether you're Irish or not, you have likely celebrated this event with green beer! We wish you all a safe, fun and lucky green day! MARCH 17TH: St. Patricks Day

MAKE IT MONTHLY THIS MARCH PLEDGE50, OUR MONTHLY GIVING CAMPAIGN

>>> PLEDGE50 FOR FOOD SECURITY

Every year in March, CanadaHelps.org runs their "Make It Monthly" campaign to help charities cultivate new monthly donations.

Pledge50, our monthly giving program, is way for you to support us all year round and make bigger impacts in our community! This program has been created to help our charity retain reliable funding to support our Sponsor A Senior program. With monthly giving, we can spend more time carrying out our mission as well as helping low-income seniors within our catchment.

Pledges made go directly to our Sponsor a Senior fund, which is our Meal Subsidy program. So, by making a Pledge50, you are supporting those in desperate need of our service that are unable to afford our meals on their own!



So this March, #MakeItMonthly with our Pledge50 Monthly Giving campaign!

https://www.canadahelps.org/en/charities/sndmow/campaign/pledge50/?version=2



>>>> INTERNATIONAL WOMENS DAY Celebrated annually, International Women's Day started over a century ago as a movement for women's rights. As an all women staffed charity, we celebrate the achievements of women and pledge to help forge a gender equal world.

On March 8th, we celebrate the social, economic, cultural, and political achievements of women and continue to Accelerate Action for Gender Equality!

Fun Fact: our charity was actually established by a group of all women including a Boundary Health Unit Nurse, a Social Welfare Worker, a Nurse from the Victorian Order of Nurses, a Counsellor for the Elderly, and a few other women.

>>> CONNECT WITH US

We invite you, as well as your family and friends, to join us on social media, if you are able. You can find us on Facebook, Twitter and Linked In @sndmow or on Instagram @sndmow2021. We would also love to hear your feedback on Google.. Leave us a review on our business page: Surrey-North Delta Meals on Wheels!

THE SCOOP AT SNDMOW SHARING ALL THE LATEST NEWS WITH YOU

>>> ANNOUNCEMENTS

Our fiscal year is ending March 31st which means we will be holding our Annual General Meeting in April 2025. The Board of Directors requests the presence of our volunteers at the AGM - date, time and location to be announced at a later date. The AGM is a great place to learn about what happens behind the scenes at SNDMOW - what our finances looked like last year, our budget for the coming year, our accomplishments and challenges, discuss any changes to

staff, programs, meals, and to learn about opportunities available on our Board or on our team of volunteers.

>>> VOLUNTEER OPPORTUNITIES

Volunteers are the cornerstone of Meals on Wheels and we are always looking for new volunteers, whether it's on a weekly or relief basis. Without our dedicated and committed group of volunteers, our important community service would not be possible.

We have a URGENT NEED for volunteer drivers!

As a volunteer driver for Meals on Wheels, you would be responsible for: the pick up of

FEBRUARY STATS: Meals Delivered: 2,089 Lunches Delivered: 1,037 Clients Served: 140 Volunteers Delivering: 173 Kilometers Driven: 4,013.2

meals from our location, the delivery of meals to our clients as well as a wellness check-in, and the return of delivery supplies to our location. Volunteers are needed from Monday to Friday from 9:30am to 12:30pm and are required to have a class 5 Canadian drivers license. Having excellent interpersonal skills and being compassionate to the needs of seniors and those that are homebound are great assets for this position. **Help us recruit by spreading the word!** We cannot deliver meals without the help of the community.

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