



>>> SNDMOW NEWSLETTER <<<

THE BRIGHT SIDE



TOP NEWS OF THE MONTH

MAY 12TH: MOTHER'S DAY

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HAPPY MOTHER'S DAY

We wish all our Moms, Grandmas, Step-Moms, Single Dads and Fur-Baby Moms a very happy Mother's Day! Moms are the reason we exist, grow, and understand unconditional love and they should be celebrated, not just on this special day for moms, but everyday. We hope you were able to celebrate this day with your loved ones, and know that we appreciate and celebrate you everyday!

WE NEED YOU! <<<

As we strive to be more involved in the community and make our presence known to those in need, we are venturing out to attend local social events and expos. We will have a booth at 2 events coming up in June and are in need of volunteers for a Seniors Expo on June 8th from 9am - 1pm in White Rock. Continued on the next page...

JUNE 2024: VOLUNTEER OPPORTUNITIES

VOLUNTEERS ARE THE HEART

OUR SERVICE CANNOT OPERATE WITHOUT YOU

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»»» VOLUNTEER OPPORTUNITIES

The Surrey-White Rock Seniors Expo on June 8th is an amazing opportunity to show our presence in the new expansion districts. For community events, we like to get as many volunteers involved as possible! We will need at least 2 volunteers manning the booth at a time and only ask a volunteer to stay for 1 - 2 hours. Please let Amy know if you would like to help out with this event via email sndmow@gmail.com or call the office 778-590-1433.

Starting June 3, 2024 our service will be expanding to include the South Surrey and White Rock districts. Now that the expansion is official and we have a start date set, we have more opportunities for volunteering available! We are adding 3 new routes to our daily service and require at least 15 new volunteers to commit to driving a route

once a week. If you're interested in volunteering, please connect with us via email sndmow@gmail.com or fill out the application form on our website www.sndmow.com. We are so excited for this opportunity and look forward to being of service to even more seniors and other vulnerable members of our communities!

**SUPPORTING
THE NEEDS
OF OUR
COMMUNITY,
ONE MEAL AT
A TIME!**

Extending Services to South Surrey &
White Rock starting June 3, 2024...

**NEW DISTRICTS!
NEW CLIENTS!
SAME SERVICE!**

www.sndmow.com
[@sndmow](https://www.instagram.com/sndmow)

»»» SOUTH SURREY & WHITE ROCK

After a year and a half with no Meals on Wheels program, the residents of South Surrey and White Rock will once again be able to access this valuable service! If you know of any seniors, disabled, health-compromised or homebound individuals in these districts who are struggling to prepare adequate meals for themselves, let them know we are coming to the rescue! They can register by calling the office 778-590-1433, or by email sndmow@gmail.com or by filling out the registration form on our website www.sndmow.com.

»»» CONNECT WITH US

We invite you, as well as your family and friends, to join us on social media, if you are able. You can find us on Facebook, Twitter and Linked In @sndmow or on Instagram @sndmow2021. We would also love to hear your feedback on Google.. Leave us a review on our business page: Surrey-North Delta Meals on Wheels!

THE SCOOP AT SNDMOW

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SHARING ALL THE LATEST NEWS WITH YOU

»»» ANNOUNCEMENTS

We have 2 upcoming events for our volunteers: a Volunteer Appreciation BBQ on June 20 at 1:30pm at Chartwell Camellia and our Annual Summer Potluck on August 23rd at 4pm at the home of Lorna & John Hoare. Save these dates! We look forward to spending time socializing with you and having you get to know your peers. Notices will be sent out closer to the dates.

We want to extend a warm welcome to our newest staff member, Ali! As we grow and take on new challenges, our staff needs have grown too. We are grateful to have someone to

assist Jordyn with distribution and we know Ali will be a great asset to our team!

Our Charity Fundraiser, Dancing through the Decades, is gaining momentum and we are searching for Sponsors, Donors and Volunteers. All proceeds will be used to fund our meal subsidy program, Sponsor a Senior. Help us spread the word about this event and the worthy cause it will support! Mark your calendars for November 2, 2024 and get ready to purchase your ticket for this very special event! Tickets will be available for purchase next month.

»»» VOLUNTEER ANNIVERSARIES

On May 1st, we celebrated Ralph Muir's 4 year anniversary as our volunteer driver. Ralph's late wife, Sandy, was a treasured member of our team, since 1996, and after her passing we welcomed Ralph with open arms as he took over her weekly route. Thank you Ralph for stepping in and serving your community with the same dedication and care as your wife did for so many years. We are grateful to have you on our team!

APRIL STATS:

Meals Delivered:

2,043

Lunches Delivered:

889

Clients Served:

104

Volunteers Delivering:

170

Kilometers Driven:

3,342.5

