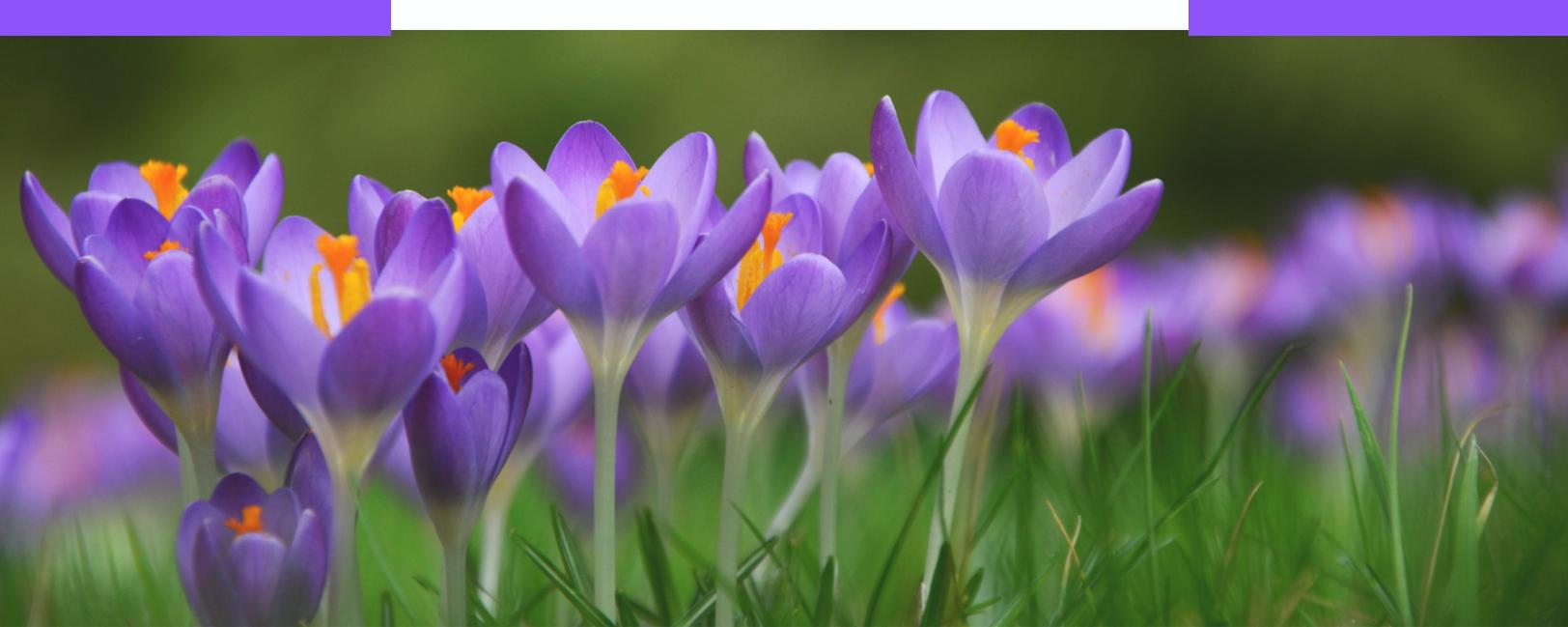




»»» **SNDMOW NEWSLETTER** «««

THE BRIGHT SIDE



TOP NEWS OF THE MONTH

**APRIL 14-20:
VOLUNTEER
WEEK**

»»» **NATIONAL VOLUNTEER WEEK**

Volunteering matters. Sharing your time, skills, empathy, and creativity is vital to your wellbeing and the strength of our communities. By coming together during National Volunteer Week, we can contribute exponentially to our own quality of life, and the quality of life we all strive for. That's why volunteers are fundamental to meeting this challenging moment... Every Moment Matters!

SOUTH SURREY & WHITE ROCK «««

It's official! Starting June 3, 2024 our service will be expanding to include the South Surrey and White Rock districts. It has been a year and a half since the closure of the Meals on Wheels in this area and the residents are suffering. We are so excited for this opportunity and look forward to being of service to even more seniors and other vulnerable members of our communities!

**JUNE 2024:
EXPANSION**

DANCING THROUGH THE DECADES

OUR CHARITY FUNDRAISER IS HAPPENING THIS FALL

1

WE NEED YOUR HELP & SUPPORT

Our Fundraising Committee is getting the ball rolling with our first annual fundraiser to be held this fall at Sullivan Hall in Surrey. Our event, Dancing through the Decades, will be a unique spin on your typical fundraising gala. It will be a fun-filled evening with music from the 60's through to the 2000's, hourly appetizers from the different decades, a dance floor to get your body moving and much more!

Mark your calendars for November 2, 2024! The purpose of this charity event is to provide support to seniors, disabled, health-compromised & home bound low-income residents in our community! All proceeds will be used to fund our meal subsidy program, Sponsor a Senior! This program allows us to provide desperately needed meals at a lower cost for those individuals that are struggling with financial insecurities.

To make this event successful, we need sponsors, donors and volunteers. Help us spread the word! Use the flyer attached to this newsletter to share our needs with everyone you know.



MAY 2024: PART-TIME JOB OPENING

DISTRIBUTION ASSISTANT NEEDED

Do you have time to spare and want to make a little extra money? We have a part-time position available starting in May. You would be working with our Distribution Manager in the mornings for 3-4 hours to prepare our routes for delivery. Duties might include sorting meals by route, preparing each route to be picked up by our volunteers, bagging meals as needed, preparing paperwork for the kitchen and volunteers as well as sanitizing work stations and delivery supplies. If this is something you would be interested in, please contact the office at 778-590-1433 or sndmow@gmail.com.

CONNECT WITH US

We invite you, as well as your family and friends, to join us on social media, if you are able. You can find us on Facebook, Twitter and Linked In @sndmow or on Instagram @sndmow2021. We would also love to hear your feedback on Google.. Leave us a review on our business page: Surrey-North Delta Meals on Wheels!

THE SCOOP AT SNDMOW

SHARING ALL THE LATEST NEWS WITH YOU

➤➤➤ VOLUNTEERS ARE THE HEART

During National Volunteer Week, and every week, we recognize every volunteer and celebrate each contribution. Right now, whatever we can contribute is valued and needed. Moment by moment we can move collectively from surviving to thriving again. We want our volunteers to know that without them our service would not exist. They are the cornerstone to our entire operation. Not only do we rely on volunteers to deliver our nutritious meals, our clients rely on them for human contact, for a short visit to know that someone is looking out for them.

Thank you for everything you do to support our communities! Now that the expansion is official and we have a start date set, we have more opportunities for volunteering available! We are adding 3 new routes to our daily service and require at least 15 new volunteers to commit to driving a route once a week. If you're interested in volunteering, please connect with us via email sndmow@gmail.com or fill out the application form on our website www.sndmow.com.

If you know of any seniors in the South Surrey/White Rock areas struggling to prepare adequate meals for themselves, let them know we are coming to the rescue! They can register by

calling the office 778-590-1433, or by email sndmow@gmail.com or by filling out the registration form on our website www.sndmow.com.

➤➤➤ VOLUNTEER ANNIVERSARIES

On April 1st, we celebrated Ellie & Ron Newell's 4 year anniversary as our volunteer drivers. We are so grateful for your dedication to a weekly route, our clients & for your relief efforts!

MARCH STATS:

Meals Delivered:

1,944

Lunches Delivered:

848

Clients Served:

105

Volunteers Delivering:

161

Kilometers Driven:

3,225.5

EVERY
MOMENT
MATTERS

VOLUNTEER
BÉNÉVOLES
C A N A D A

National Volunteer Week
April 14-20, 2024

Charity Fundraiser:

SATURDAY

NOVEMBER 2, 2024

Sullivan Hall, Surrey B.C.

SUPPORT OUR EVENT!

www.sndmow.com



WE NEED SPONSORS, DONORS & VOLUNTEERS

Event Details:

The purpose of this charity event is to provide support to seniors, disabled, health-compromised & homebound low-income residents in our community!

This fun-filled event will include a buffet, drinks, music & dancing, an auction and so much more!

All proceeds will be used to fund our meal subsidy program, Sponsor a Senior! This program allows us to provide desperately needed meals at a lower cost for those individuals that are struggling with financial insecurities!

To arrange a donation, a sponsorship or to volunteer for this event, please contact Amy Roberts at:
604-561-2489 or
sndmow@gmail.com

What We NEED:

SPONSORSHIP TO COVER COSTS OF OR DONATIONS FOR:

- Venue
- Decor
- Food & Drinks
- Entertainment

DONATIONS FOR AUCTION:

- Gift Baskets
- Gift Cards
- Any Other Items

VOLUNTEERS FOR:

- Set-Up & Take-Down
- Clean Up
- Servers & Bartenders
- Greeters
- Coat Check
- Selfie-Booth
- Auction

