



»» SNDMOW NEWSLETTER ««

THE BRIGHT SIDE



TOP NEWS OF THE MONTH

FEBRUARY 14TH: VALENTINE'S DAY

»» HAPPY LOVE DAY!

Saint Valentine's Day is not only a day to celebrate the love you share with your valentine, but also to recognize the compassion and love you share with all those around you. Tell them you love them and you are grateful to have them in your life! Remember what Martin Luther King, Jr. said, "Hate cannot drive out hate; only love can do that."

CLIENT TESTIMONIALS ««

Our organization was established to create healthier lives for the seniors and persons with disabilities in our community. Our clients are our top priority and the reason we continue to operate our community service despite the challenges we repeatedly face. The opinion of our clients is the only one that really matters and we want you to share your experience with everyone, especially our funders.

**2024:
WE NEED
YOUR HELP**

CLIENT TESTIMONIALS

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HOW MEALS ON WHEELS MAKES A DIFFERENCE IN YOUR LIFE

»»» SHARE YOUR INPUT TO HELP US, HELP YOU

Our contract with Fraser Health is coming up for renewal on April 1, 2024. As part of our request for increased funding, we would like to include your experiences with them. Whether you are a long-term client, a short-term client or a sponsor of a client, your input matters and will make a difference in the decision making. We have included a questionnaire in this newsletter where you can share with us what our service means to you. Share why you are in need of our service, how we make a difference to your health and what you would do without our service. Please fill out and return the questionnaires to the office as soon as possible through email, sndmow@gmail.com, or send with your volunteer delivery driver.



**MARCH 2024:
DON'T JUST
DONATE,
PLEDGE50!**

»»» MAKE IT MONTHLY - PLEDGE50

Every year in March, CanadaHelps.org runs the Make it Monthly Campaign to spread awareness of the benefits of donating monthly. Making a monthly donation, no matter the size, benefits both the donor and the charity receiving the donation. Our monthly giving program, Pledge50, gives us the security of reliable funding so we can focus on our mission, serving those who need nutritious meals and a daily check-in. This March, Make it Monthly and Pledge50 for food security for seniors!



PLEDGE50

Don't just donate, Pledge50
for food security for seniors!

»»» CONNECT WITH US

We invite you, as well as your family and friends, to join us on social media, if you are able. You can find us on Facebook, Twitter and Linked In @sndmow or on Instagram @sndmow2021. We also would love to hear your feedback on Google.. Leave us a review on our business page: Surrey-North Delta Meals on Wheels!

THE SCOOP AT SNDMOW

SHARING ALL THE LATEST NEWS WITH YOU

"Your meals program provides me with healthy, good tasting food at an excellent value. The meals are delivered to my door daily and are very easy to prepare. Thank you for your valuable service! It is appreciated."

»»» ANNOUNCEMENTS

Recently, we have begun supplying meals to the Surrey Memorial Hospital transitional housing project at the George Point Inn. These patients are being moved to this transitional house from the hospital because they no longer require acute care, but they have no home to return to or they do not have the care they need at home and are waiting to be placed in social housing or a care home. Fraser Health is funding this project and we are hoping they will see that the need for our service is growing and not showing signs of slowing down anytime soon.

If our organization is forced to close, due to lack of funding, this will leave more than 100 seniors and other vulnerable members of our community, going hungry or eating very unhealthy meals. Without proper nutrition and daily check-ins, the health of our clients will decline, and this will place even more stress on our already stretched medical and emergency services and the expense for their care will be far greater than the funding we require.

Fill out the questionnaire on the next page to help us continue to help you! We appreciate your willingness to participate in this very important survey.

JANUARY STATS:

Meals Delivered:
1,856

Lunches Delivered:
744

Clients Served:
118

Volunteers Delivering:
156

Kilometers Driven:
3,473.4

»»» VOLUNTEER ANNIVERSARIES

On February 18th, George and Helen Sutherland will be celebrating their 2nd year as volunteers for our charity. George and Helen drive a route every Friday and often cover for other drivers when they are away. They are dedicated and are willing to go above and beyond to help our organization in its mission to serve the community. Thank you for your time and efforts!



**SURREY-NORTH DELTA
MEALS ON WHEELS**

**Helping seniors stay safe and
healthy in their own homes
since 1970!**

SHARING YOUR EXPERIENCE

>>> WHY DO YOU NEED OUR SERVICE?

**>>> HOW DOES OUR SERVICE MAKE A
DIFFERENCE IN YOUR LIFE?**

**>>> WHAT WOULD YOU DO IF WE WERE UNABLE TO CONTINUE
OUR SERVICE?**

**YOUR INPUT
MATTERS TO
US!
WE WANT TO
HEAR FROM
YOU!**